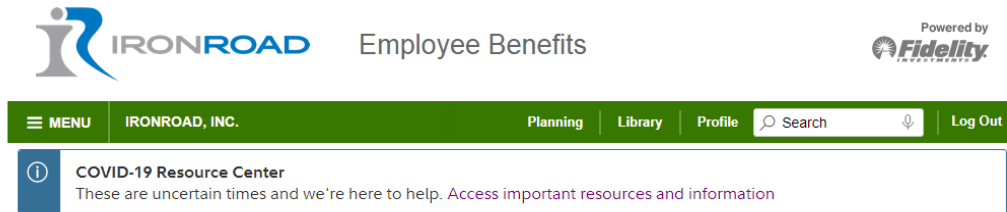


# Fidelity Portal Access for COVID-19

- Start by going to the Fidelity portal at [www.401k.com](http://www.401k.com).
  - If you have not previously created a login on the Fidelity website, at the top of the website, click “**Register as a New User**” and follow the necessary setup steps.
- Once you are logged into the NetBenefits Portal the Resource Center is available by Clicking “**Access important resources and information**”



## COVID-19 Resource Center

Article

### In these uncertain times, we're here to help

As we adjust to the changes around us, we're committed to providing information that's important to you — from money to health. While you might not have all your accounts here with us, we still want to provide educational information that will help you make the right decisions.

We are here to help you navigate these changes, now and in the future.



### Updates on new legislation

Congress has passed new legislation to help ease some of the financial impact of COVID-19.

[Get the latest information](#)

## Important things for you to know



### Loans & withdrawals

If you have workplace savings with Fidelity, visit your account summary page to see what options may be available to you.



### Focus on the big picture

There's no question this can be an unsettling time but staying the course is often the best long-term strategy.

[Read: 6 tips to navigate volatile markets](#)

# Fidelity Portal Access for COVID-19

## Resources and updates from the Fidelity team

**Watch:** [Navigating market volatility](#) (13 minutes)

What's happening in the markets and why—we address common questions about your retirement savings during these unprecedented times.

**Read:** [Working from home in the age of the coronavirus](#)

Tips for these challenging times.

**Read:** [Markets, emotions, and you](#)

Understanding market cycles and your emotions can help you be a better investor.

**Read:** [Your HSA and the coronavirus](#)

Ways your health savings account can help.

**Read:** [Replacing lost income](#) (PDF)

Additional ways to replace lost income when faced with emergency expenses and lost wages.

**Read:** [Managing a budget through a crisis](#) (PDF)

Ways to manage expenses when money is tighter than usual.

**Read:** [Managing stress](#)

Some big and small ways to combat stress when it matters most.

## Fidelity's perspective on the market



[Weekly expert insights](#)

Stay up to date with the latest market conditions and what they mean to you.



**A letter from Abigail P. Johnson**

[Read a message from our Chairman and CEO](#)